

Adult Circumcision

What is a circumcision?

A circumcision is a surgical procedure that removes the foreskin (loose tissue) covering the rounded tip of the penis. A circumcision procedure is performed in the hospital or surgery center on an outpatient basis (no hospital stay). It is a relatively short procedure lasting approximately 45-60 minutes with a total hospital stay of 3-4 hours.

How do I care for myself after the procedure?

After the procedure the penis will be swollen and very bruised. This will gradually resolve over the next two (2) weeks.

You will need to wear some form of briefs which will hold the penis in place to reduce or avoid the rubbing that will cause discomfort and pain during the first two (2) weeks.

Dressing: A bandage will be applied to the penis after the procedure. This bandage should remain in place for two (2) days. The bandage will usually be covered with drainage and will need to be soaked in water to make removal easier and less painful during the first two (2) weeks. You should slowly unwrap the bandage, stopping whenever you need to use force to release it. Let the water soak the area and then continue. Once the dressing is removed, you may bathe or shower normally.

Apply Bacitracin ointment to the incision two (2) times a day for ten (10) days.

Stitches will dissolve on their own within 2-3 weeks.

Dull, achy pain can be expected for up to a week following surgery.

Expect some blood from the incision and staining for 3-5 days after the procedure.

No strenuous activity for one (1) week or school for 5-7 days after the procedure.

Avoid sexual activity for six (6) weeks to allow your incision to heal completely.

Comprehensive Urologic Care in a Local Setting