

Cystoscopy

What is a Cystoscopy?

In this procedure, your physician performs an examination of the interior of the bladder, the urethra, and the ureteric openings by means of a cystourethroscope, a thin flexible or rigid tube with a camera on one end.

How do I prepare for the procedure?

You may eat at your usual time. However, if a meal is eaten prior to coming to the office, heavy or spicy foods should be avoided. You may be asked to urinate and empty your bladder just prior to the procedure so you should come prepared to give a urine sample. The office will provide an antibiotic pill prior to the procedure.

Please wear comfortable clothing (such as sweat pants).

How long will the procedure take?

The procedure should only take 5-10 minutes; but you will be at the office between 20-30 minutes.

How long will I have to wait for results?

Results are available immediately and will be discussed with you by the physician. If a biopsy was taken, a follow up appointment will be scheduled prior to leaving the office to discuss the pathology results. Results from the pathologist could take between 5-10 days.

What should I expect after the procedure?

- ❖ You may experience some irritation, slight burning or even a small to moderate amount of blood with urination for approximately 24 hours following the procedure.
- ❖ You should drink plenty of fluids (especially water) to help flush your system.
- ❖ You may drive yourself home after the procedure unless otherwise instructed.