Adult Circumcision

A circumcision is a surgical procedure that removes the foreskin (loose tissue) covering the rounded tip of the penis. A Circumcision procedure is performed in the hospital or surgery center on an outpatient basis (no hospital stay). It is a relatively short procedure lasting approximately 45-60 minutes with a total hospital stay of 3-4 hours.

After the hospital

After the procedure your whole penis will be swollen and very bruised. This will gradually resolve over the next 2 weeks.

If you normally wear boxers you may find that they give insufficient support immediately after the operation. You need to wear some form of briefs which will hold your penis in place and reduce the rubbing that will be very painful during the first 2 weeks.

Dressing:
A bandage will be applied to the penis during the procedure; this bandage should stay in place for 2 days. The bandage will, usually be covered with drainage and will need to be soaked off in the bath if it does not come off easily when you try to remove it. Slowly unwrap the bandage, stopping whenever you need to use any force to release it. Let the water soak the area and then continue. Once the dressing is off, you may bathe or shower normally.

Apply Bacitracin ointment to the incision 2 times a day for 10 days.

Stitches will dissolve on their own. Within 2-3 weeks
Dull, achy pain can be expected for up to a week following surgery.
Expect some blood from the incision and staining for 3-5 days.
No strenuous activity for 1 week or school for 5-7 days.
Avoid sexual activity for 6 weeks to allow your incision to heal completely.

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