

Instruction for Prostate Biopsy Ultrasound

Your Urologist has recommended that you undergo a TRUS-Guided prostate biopsy to help determine if there is cancer in your prostate.

What to Expect

During a prostate biopsy, small tissues samples are taken from the prostate gland. For this procedure, your doctor will pass a small ultrasound probe into your rectum to take pictures of your prostate. A needle will be passed through the probe into your prostate to remove the tissue samples. You will hear clicking sounds from the biopsy instrument for each biopsy taken. These samples are sent to a pathology laboratory and viewed under a microscope to see if prostate cancer cells are present.

A prostate biopsy procedure can be uncomfortable. Therefore, a local anesthetic is administered at the time of the procedure to reduce the discomfort.

Prior to the Procedure

Please do not take any blood thinners or medication containing aspirin for seven (7) days prior and three (3) days after the procedure. If you are on **COUMADIN, PRADAXA, ELIQUIS, or PRADAXA** please discontinue for five (5) days prior to your biopsy. Also, call your prescribing physician to inform them of the need to discontinue the medication. You may resume these medications three (3) days after your procedure according to your physician.

1. An antibiotic will be prescribed for you. Please follow the directions on the prescription exactly. If you do not take the medication as prescribed, your procedure will need to be rescheduled.
2. Administer to yourself a Fleet enema the morning of your procedure. You can purchase a Fleet enema at any local drugstore.
3. Wear brief underpants (not boxers) for support after the procedure; wear briefs for one (1) week following the procedure.
4. Have a light meal prior to your exam.
5. If the physician performs a biopsy in conjunction with your ultrasound examination, an office visit will be made for you approximately 10-15 days later to review your results.
6. Limit your physical activity and automobile trips for two (2) days following your procedure. You may drive yourself home if you do not have anyone with you.
7. You may see some blood in your semen, urine, and/or bowel movements for several days following your procedure. This is normal and to expected. Blood in semen may occur for up to six to eight weeks.

Comprehensive Urologic Care in a Local Setting

Aspirin and Anti-Inflammatory Drug List

Medications containing aspirin or any non-steroidal anti-inflammatory drug (NSAID) can increase your chance of bleeding with the proposed surgical procedure. If you are on COUMADIN, PRADAXA, XARELTO or ELIQUIS, please discontinue these medications five (5) days prior to your surgical procedure. Please check with your prescribing physician for permission to stop these medications.

ACTIVASE	DOANS PILLS	LANORINAL	PLAVIX
ACTRON	DOLGESIC	MAESURIN	PLETAL
ADVIL	DOLOBID	MAGAN	PONSTEL
AGGRASTAT	DOUBLE-SAL	MAGNAPRIN	Q-PROFEN
AGGRENOLX	DUENTRIC	MAPRIN	REFLUDEN
ALEVE	EASPRIN	MARNAL	RELAFEN
ALKA-SELTZER	ECOTRIN	MECLOMEN	RETAVASE
ANACIN	EMPIRIN	MEDIPREN	ROXIPRIN
ANAPROX	ENPRIL	MENADOL	RUFEN
ANSAID	ENSEALS	MEPRO-COMPLAIN	SALAGEN
ARTHRA-G	EQUAGESIC	MEPROGESE	SALFEX
ARTHRALGEN	EXCEDRIN	MEPROGESIC	SALSALATE
ARTHRITIS PAIN FORMULA	FELDENE	MICRAININ	SPEEDIN
ARTHROPAN	FIGESIC	MIDOL	STREPTASE
ASCIPTIN AXOTAL	FIORINAL	MOBIC	SUPAC
ASPERGUM	FISH OIL	MOBIDIN	SYNALGOS
ASPIRIN	FLAXSEED OIL	MOMENTUM	TALWIN-COMP
BAYER	FORTABS	MONOGESIC	TICLID
BUFFERIN	FRAGMIN	MOTRIN	TOLECTIN
BUFFEX	GARLIC	NALFON	TRENDAR
BUTAL COMPLAIN	GEMNISYN	NAPRELEN	TRENTAL
BUTAZOLIDIN	GENPRIL	NAPROXYN	TRIGESIC
CAMA	HALFPRIN	NORMIFLOW	TRILISATE
CAPTABS	HALTRAN	NUPRIN	UNACEL 5
CATAFLAM	HEPARIN	ORGARAN	UNI-PRO
CELEBREX	IBIFON	ORUDIS	URSIUS
CLINORAL	IBU	PAMBRIN B	VANQUISH
CLOPIDIGREL	IBUPRIN	PAMBRIN IB	VITAMIN E
CODOXY	IBUPROFEN	PERCODAN	VOLTAREN
CRAMP END	INDOCIN	PERSANTINE	ZORPRIN
DAYPRO	INLAY TABS	PERSISTIN	
DISALCID	INTEGRILIN		